



# ALTA RIDGE COMMUNITIES

1360 E 9400 S • Sandy, UT 84093 • (801) 571-1010

April 2011

## Resident of the Month



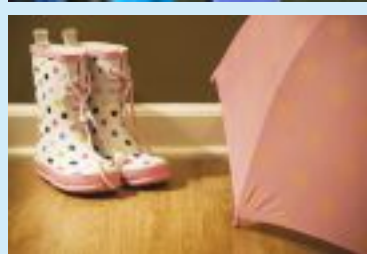
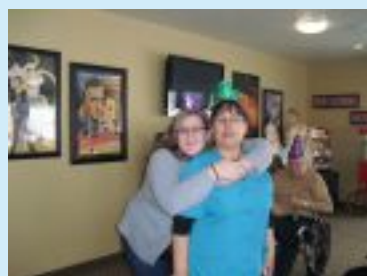

We would like to introduce Fred Biesinger as our resident of the month for April. Fred was born on Feb. 21. At the age of 18, Fred met the love of his life, Helen, at a church dance and together had five children to bless their lives. He has 18 grandchildren and 11 great-grandchildren. Fred is very proud of serving our country as a Naval Aviator during WWII. He and his family have traveled all over Europe, the South Pacific and the United States. Some of Fred's past hobbies include collecting stamps, fishing and golfing. He is very excited about the fact that he put himself through law school and that he speaks German. He loves to participate in our activities and enjoys singing and dancing. We are honored to know Fred and are very happy he is a part of our Alta Ridge Family.

### Administrator ..... Debra Finnegan

Assistant Administrator ..... Paula Heugly  
 Community Manager ..... Jamie Culbertson  
 RN—Care Coordinator ..... Lynda Davies  
 Dietary Manager ..... MI Young Verharst  
 Lead CNA P.M. .... Maria Alcantar  
 Lead CNA A.M. .... Giovanna Arencibia  
 Activities Director ..... Kristen DeVore  
 Weekend Manager/Activities ..... Natalie Kerby  
 Maintenance Supervisor ..... Dan Anderson  
 Transportation ..... Rob McDonald



## Our Home



Sunday	Monday	Tuesday
<b>3</b> 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Exercise Class 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>4</b> 9:30 Price Is Right 10:00 Scenic Drive With Rob 11:00 Exercise Class 12:00 Lunch 2:00 Sing Along 2:30 Non Denominational Service 3:00 Social 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>5</b> 9:30 Gussy Up 10:30 Let's Get Movin' 11:30 Trivia Time 12:00 Lunch 2:30 Ice Cream Social 3:00 Reminiscing Group 3:30 Bingo 5:00 Dinner 6:30 Movie Night
<b>10</b> 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Exercise Class 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>11</b> 9:30 Price Is Right 10:00 Scenic Drive With Rob 11:00 Exercise Class 12:00 Lunch 2:30 Sing Along 3:00 Social 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>Entertainment 12</b> 9:30 Gussy Up 10:30 Let's Get Movin' 11:30 Trivia Time 12:00 Lunch 2:00 Main Street 3:00 Social 3:30 Bingo 5:00 Dinner 6:30 Movie Night
<b>17</b> 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Exercise Class 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>Entertainment 18</b> 9:30 Price Is Right 10:00 Scenic Drive With Rob 11:00 Exercise Class 12:00 Lunch 1:45 Jerrt Marsh 3:00 Social 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>19</b> 9:30 Gussy Up 10:30 Lets Get Movin' 11:30 Trivia Time 12:00 Lunch 2:30 Ice Cream Social 3:00 Reminiscing 3:30 Bingo 5:00 Dinner 6:30 Movie Night
<b>24</b> 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Exercise Class 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>25</b> 9:30 Price Is Right 10:00 Scenic Drive With Rob 11:00 Exercise Class 12:00 Lunch 2:30 Sing Along 3:00 Social 3:30 Bingo 5:00 Dinner 6:30 Movie Night	<b>Entertainment 26</b> 9:30 Gussy Up 10:30 Let's Get Movin' 11:30 Trivia Time 12:00 Lunch 1:30 Jerry Jensen Entertainment 3:00 Reminiscing 3:30 Bingo 5:00 Dinner 6:30 Movie Night

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		<p style="text-align: center;"><b>April Fools!!!</b> <span style="float: right;"><b>1</b></span></p> <p>9:30 Price Is Right!!            10:30 Exercise Class            11:00 Bingo            12:00 Lunch            1:30 Scenic Drive            3:30 Fun Friday Social/Snack            4:00 Card Games            5:00 Dinner</p>	<p style="text-align: right;"><b>2</b></p> <p>9:30 Gussy Up            10:00 Exercise Class            10:30 Manicures &amp; A Movie            12:00 Lunch            2:00 Craft Corner            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>
<p><b>Happy Birthday Margaret M.</b> <span style="float: right;"><b>6</b></span></p> <p>9:30 Price Is Right            10:00 Relief Society            11:00 Exercise Class            12:00 Lunch            2:30 Craft Corner            3:00 Spend Your Bingo Bucks and Have a Snack            3:30 Bingo            5:00 Dinner</p>	<p><b>Wellness Clinic</b> <span style="float: right;"><b>7</b></span></p> <p>9:30 Wellness Clinic            10:30 Morning Stretches            11:30 Finish the Phrase            12:00 Lunch            2:00 Matinee &amp; Popcorn            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>	<p><b>Happy Birthday Carly!</b> <span style="float: right;"><b>8</b></span></p> <p>9:30 Price Is Right!!            10:30 Exercise Class            11:00 Bingo            12:00 Lunch            1:30 Scenic Drive            3:30 Fun Friday Social/Snack            4:00 Card Games            5:00 Dinner</p>	<p><b>Happy Birthday Robert!</b> <span style="float: right;"><b>9</b></span></p> <p>9:30 Gussy Up            10:00 Exercise Class            10:30 Manicures &amp; A Movie            12:00 Lunch            2:00 Craft Corner            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>
<p><b>Resident Council</b> <span style="float: right;"><b>13</b></span></p> <p>9:30 Price Is Right            10:00 Relief Society            11:00 Resident Council            12:00 Lunch            2:00 Room Visits            3:00 Snack &amp; Drink            3:00 Spend Your Bingo Buck\$            3:30 Bingo            5:00 Dinner</p>	<p style="text-align: right;"><b>14</b></p> <p>9:30 Gussy Up            10:30 Morning Stretches            11:30 Pet Therapy            12:00 Lunch            2:00 Matinee &amp; Popcorn            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>	<p style="text-align: right;"><b>15</b></p> <p>9:30 Price Is Right!!            10:30 Exercise Class            11:00 Bingo            12:00 Lunch            1:30 Scenic Drive            3:30 Fun Friday Social/Snack            4:00 Card Games            5:00 Dinner</p>	<p style="text-align: right;"><b>16</b></p> <p>9:30 Gussy Up            10:00 Exercise Class            10:30 Manicures &amp; A Movie            12:00 Lunch            2:00 Craft Corner            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>
<p><b>Entertainment</b> <span style="float: right;"><b>20</b></span></p> <p>9:30 Price Is Right            10:00 Relief Society            11:00 Exercise Class            12:00 Lunch            1:45 Pattie Richards            3:00 Spend Your Bingo Bucks and Have a Snack            3:30 Bingo            5:00 Dinner</p>	<p><b>Shopping Trip</b> <span style="float: right;"><b>21</b></span></p> <p>9:30 Gussy Up            10:30 Morning Stretches            11:30 Pet Therapy            12:00 Lunch            1:30 Shopping Trip            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>	<p><b>Happy Birthday Derrick!</b> <span style="float: right;"><b>22</b></span></p> <p>9:30 Price Is Right!!            10:30 Exercise Class            11:00 Bingo            12:00 Lunch            1:30 Scenic Drive            3:30 Fun Friday Social/Snack            4:00 Card Games            5:00 Dinner</p>	<p><b>Easter Party!</b> <span style="float: right;"><b>23</b></span></p> <p>12:00 Lunch With the Easter Bunny! Families Invited Please R.S.V.P. :)            3:00 Snack Time            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>
<p style="text-align: right;"><b>27</b></p> <p>9:30 Price Is Right            10:00 Relief Society            11:00 Exercise Class            12:00 Lunch            2:00 Craft Corner            3:00 Spend Your Bingo Bucks and Have a Snack            3:30 Bingo            5:00 Dinner</p>	<p style="text-align: right;"><b>28</b></p> <p>9:30 Gussy Up            10:30 Morning Stretches            11:30 Pet Therapy            12:00 Lunch            2:00 Matinee &amp; Popcorn            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>	<p style="text-align: right;"><b>29</b></p> <p>9:30 Price Is Right!!            10:30 Exercise Class            11:00 Bingo            12:00 Lunch            1:30 Scenic Drive            3:30 Fun Friday Social/Snack            4:00 Card Games            5:00 Dinner</p>	<p style="text-align: right;"><b>30</b></p> <p>9:30 Gussy Up            10:00 Exercise Class            10:30 Manicures &amp; A Movie            12:00 Lunch            2:00 Craft Corner            3:00 Reminiscing &amp; Snack            3:30 Bingo            5:00 Dinner            6:30 Movie Night</p>

# April 2011

## Happy Easter!

We hope your holiday  
is filled with

## Joy!



### Employee of the Month



"Mimi" Employee of the Month

Congratulations to Mimi, our April employee of the month. Mimi was born on May 25 in Lima, Peru, and has worked for Alta Ridge Assisted Living for over five years. One of Mimi's life goals is that she hopes to become a nurse. Mimi is most proud of her two children, Flavia and Alek, and her grandbaby, Braxton. She loves to dance and run and she will rarely pass up a shopping trip to Park City. One of her favorite vacation spots is Europe and she hopes to visit there again someday soon. If Mimi isn't working hard and taking great care of our residents, she might be at home cooking Italian food or playing with her dogs. One of the things she would like to be remembered for is that she takes great pride in her work. We are very blessed to have Mimi as a part of our Alta Ridge family and truly appreciate all of her hard work and care.