



ALTA RIDGE COMMUNITIES

1360 E 9400 S • Sandy, UT 84093 • (801) 571-1010

December 2011

YOU'RE INVITED TO OUR ALTA RIDGE BRUNCH WITH SANTA

Family and friends, please join us Saturday, December 17th at 10:30 a.m., for our annual Christmas party. This year we will enjoy a wonderful brunch and a visit from **Santa**. Make sure to bring the grandkids for what is sure to be a great time. See you there!



In our ongoing effort to ensure that each resident receives a gift, any additional donated gifts would be greatly appreciated. Thank you for all of your support. Happy Holidays from Alta Ridge.



Resident of the Month Holly Coles

Holly Coles was born 8-20-17 in Burly, ID. She & her wonderful husband, Ray, have 4 beautiful children, 16 grandchildren & many great-grandchildren. Holly & Ray taught ballroom dancing (think Dancing with the Stars) for 12 years. Holly was also a realtor for 20 years. One of Holly's talents besides ballroom dancing is playing the clarinet. She also loves ice skating & swimming. Holly & Ray have traveled to Europe, Korea, Thailand & all over the U.S.. They also loved the Oregon coast. We all love you here at Alta Ridge, Holly.



Looking back at ALTA
RIDGE 2011



Sunday	Monday	Tuesday
HAPPY BIRTHDAY MARGERY⁴ T. 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing-Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner	5 9:15 Room Visits 9:30 Price Is Right 10:30 Scenic Drive With Rob 12:00 Lunch 2:00 Games 3:00 Snacks 3:30 Bingo 4:00 Pool and Ping Pong Game 5:00 Dinner	6 HAPPY BIRTHDAY DESTINY 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Puzzles or Dice 3:00 Snacks 3:30 Bingo 5:00 Dinner
11 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing-Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner	12 11:00 Let's Get Movin' 12:00 Lunch 2:00 Balloon Tennis 3:00 Snacks & Reminiscing 3:30 Bingo 5:00 Dinner 6:00 Christmas Lights/ Ride With Rob	13 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Puzzles or Dice 3:00 Snacks 3:30 Bingo 5:00 Dinner
18 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing-Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner	HAPPY BIRTHDAY KARALEE¹⁹ & GARTH 9:15 Room Visits 9:30 Price Is Right 10:30 Scenic Drive With Rob 12:00 Lunch 2:00 Games 3:00 Snacks 3:30 Bingo 4:00 Pool and Ping Pong Game 5:00 Dinner	20 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Puzzles or Dice 3:00 Snacks 3:30 Bingo 5:00 Dinner
25 Merry Christmas 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing-Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner	26 9:15 Room Visits 9:30 Price Is Right 10:30 Scenic Drive With Rob 12:00 Lunch 2:00 Games 3:00 Snacks 3:30 Bingo 5:00 Dinner	27 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Puzzles or Dice 3:00 Snacks 3:30 Bingo 5:00 Dinner

Wednesday	Thursday	Friday	Saturday
<p>The perfect Christmas gift for the person who has everything is a burglar alarm.</p>	1	2	3
	<p>Wellness Clinic Beauty Shop Open</p> <p>9:30 Manicures 10:00 Movie 12:00 Lunch 2:00 Dice or Card Games 3:00 Reminiscing & Snack 3:30 Bingo 5:00 Dinner</p>	<p>HAPPY BIRTHDAY ADRIANA Beauty Shop</p> <p>9:30 Manicures 10:30 Morning Stretches 12:00 Lunch 1:30 Scenic Drive W/Rob 3:00 Snacks/Reminiscing 3:30 Bingo 5:00 Dinner</p>	<p>9:15 Room Visits 10:00 Let's Get Movin' 12:00 Lunch 2:00 Craft Corner 3:00 Snack/Stroll Down Memory Lane 3:30 Bingo 4:00 Pool & Ping Pong 5:00 Dinner</p>
7	8	9	10
<p>9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Resident Council 12:00 Lunch 1:45 Spend Your Bingo Bucks 2:00 Bingo 3:15 Entertainment 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 10:30 Movie 12:00 Lunch 2:00 Games 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 11:00 Let's Get Movin' 12:00 Lunch 1:30 Scenic Ride With Rob 2:45 Snack & Reminiscing 3:30 Bingo 5:00 Dinner</p>	<p>9:15 Room Visits 10:00 Let's Get Movin' 12:00 Lunch 2:00 Entertainment 3:00 Snack/Stroll Down Memory Lane 3:30 Bingo 4:00 Pool & Ping Pong 5:00 Dinner</p>
14	15	16	17
<p>9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 10:30 Movie 12:00 Lunch 1:30 Shopping W/ Rob 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 11:00 Let's Get Movin' 12:00 Lunch 1:30 Scenic Drive with Rob 3:00 Snack/ Reminiscing 3:30 Bingo 5:00 Dinner</p>	<p>9:15 Room Visits 10:30 BRUNCH WITH SANTA 2:00 Craft Corner 3:00 Snack/Stroll Down Memory Lane 3:30 Bingo 4:00 Pool & Ping Pong 5:00 Dinner</p>
21	22	23	24
<p>9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 10:30 Movie 12:00 Lunch 2:00 Games 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 11:00 Let's Get Movin' 12:00 Lunch 1:30 Scenic Ride With Rob 3:00 Snacks/Root Beer Floats 3:30 Bingo 5:00 Dinner</p>	<p>9:15 Room Visits 10:00 Let's Get Movin' 12:00 Lunch 2:00 Craft Corner 3:00 Snack/Stroll Down Memory Lane 3:30 Bingo 4:00 Pool & Ping Pong 5:00 Dinner</p>
28	29	30	31
<p>HAPPY BIRTHDAY JEAN LEWIS</p> <p>9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 10:30 Movie 12:00 Lunch 2:00 Games 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner</p>	<p>Beauty Shop</p> <p>9:15 Manicures 11:00 Let's Get Movin' 12:00 Lunch 1:30 Scenic Drive with Rob 3:00 Snack/ Reminiscing 3:30 Bingo 5:00 Dinner</p>	<p>9:15 Room Visits 10:00 Let's Get Movin' 12:00 Lunch 2:00 Craft Corner 3:00 Snack/Stroll Down Memory Lane 3:30 Bingo 4:00 Pool & Ping Pong 5:00 Dinner</p>

December 2011

Spotlight on Employee of the Month



We would like to welcome **Jordan Lucero** as our December Employee of the Month. We love having Jordan on our team. She is wonderful, friendly and caring to all.

In her free time she loves watching *The Vampire Diaries*, playing softball and hanging out with her seven siblings. Jordan won a bronze medal in Luge and made the Jr. National Luge team. Her favorite vacation spots are Canada and her cabin on Bear Lake. She would love to be an elementary school teacher, but for now we are lucky to have her here at Alta Ridge. Thank you for everything you do.

UNDERSTANDING VETERAN'S BENEFITS



During the month of December Alta Ridge will be inviting Veteran's benefits groups to visit our community. Their goal is to ensure that our veterans and their families are provided with all benefits that they greatly deserve. We will post the dates and times of these visits at the front desk. It is noted that one in seven widows of Veterans receive proper benefits. If you have any questions regarding your loved one who served our country, please stop in and visit with our guests.