



ALTA RIDGE COMMUNITIES

1360 E 9400 S • Sandy, UT 84093 • (801) 571-1010

September 2011

REMINDER

Alta Ridge Luau
Sept. 8
5:30 p.m.



Resident of the Month

Wanda Glover has been chosen for our September Resident of the Month. She was born on Oct. 12, 1920, in South Cottonwood, Utah. She is a proud graduate of Granite High School. Wanda met the love of her life, Arthur, and was married for 25 years. Wanda has two boys, Gary and Earl, and a deceased daughter, Caroleann, whom she dedicated her love and care to for many years after she suffered injuries in a car accident. Some of Wanda's favorite pastimes are crocheting afghan blankets and creating artificial flower arrangements. She also looks forward to playing Bingo here every single day and loves her weekly visits from her sisters, Doris and Janet! When you see Wanda wearing red or pink (her favorite colors), she lights up the room! We are very happy to have Wanda as a part of our Alta Ridge family!






Administrator ... Debra Finnegan

Assistant Administrator	Paula Heugly
RN—Care Coordinator	Christy Tetzlaff
Community Manager	Cindy Beiser
Marketing Director	Jason Mendenhall
Activities Director	Anita Jacobson
Dietary Manager	MI Young Verharst
Lead CNA Day shift	Giovanna Arencibia
Lead CNA Afternoon shift	Maria Alcantra
Graveyard Lead CNA	Hortensia Stones
Maintenance Supervisor	Dan Anderson
Housekeeping Supervisor	Maria Torres
Van Driver	Rob McDonald





Sunday	Monday	Tuesday
		
4	Labor Day	5
9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snack 3:30 Bingo 5:00 Dinner	9:30 Price Is Right 10:30 Let's Get Movin' 11:00 Job Trivia 12:00 Lunch 1:30 Manicures and Movie 2:30 Snacks/Share a Friendship Memory 3:30 Bingo 5:00 Dinner	9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Games 3:00 Snacks/Donuts 3:30 Bingo 5:00 Dinner
11	INTERNATIONAL HOUSEKEEPERS WEEK	12
GRANDPARENTS DAY ANNIVERSARY TRIBUTE TO 9/11 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snacks 3:30 Bingo 5:00 Dinner	9:30 Price Is Right 11:00 LUNCH BUNCH/RIDE WITH ROB 12:00 Lunch 1:30 Manicures and Movie 2:30 Root Beer Floats 3:30 Bingo 5:00 Dinner	Happy Birthday Sarah Faulkner 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Games 3:00 Snacks/Donuts 3:30 Bingo 5:00 Dinner
18	19	20
Happy Birthday Thomas 9:30 Gussy Up 10:30 LDS Church Services 11:00 Hymn Sing Along 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snacks 3:30 Bingo 5:00 Dinner	9:30 Price Is Right 10:30 Lunch Bunch Group R.S.V.P. 12:00 Lunch 1:30 Manicures and Movie 2:30 Root Beer Float 3:30 Bingo 5:00 Dinner	Happy Birthday Lillian & Bob M. 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Games 3:00 Snacks/Donuts 3:30 Bingo 5:00 Dinner
25	26	27
9:30 Gussy Up 10:30 LDS Church Services 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Sunday Afternoon Snacks 3:30 Bingo 5:00 Dinner	9:30 Price is Right 10:00 Scenic Ride with Rob 12:00 Lunch 1:30 Manicures and Movies 2:30 Root Beer Floats 3:30 Bingo 5:00 Dinner	9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Games 3:00 Snacks/Donuts 3:30 Bingo 5:00 Dinner

Wednesday

Thursday

Friday

Saturday

	HAPPY BIRTHDAY TESSIE ¹ WELLNESS CLINIC BEAUTY SHOP 9:30 Gussy Up 10:30 Let's Get Movin' 11:30 Trivia Time 12:00 Lunch 2:30 Nacho Social 3:00 Reminiscing 3:30 Bingo 5:00 Dinner	BEAUTY SHOP ² 9:30 Price Is Right 10:30 Let's Get Movin' 11:00 Dice or Card Games 12:00 Lunch 1:30 Scenic Ride With Rob 3:00 Snacks 3:30 Bingo 5:00 Dinner	³ 9:15 Room Visits 10:00 Let's Get Movin' 10:30 Manicures and Movies 12:00 Lunch 2:00 Craft Corner 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner
⁷ 9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 4:30 Music With Kara Lyn 5:00 Dinner	⁸ BEAUTY SHOP 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Resident Council 12:00 Lunch 2:30 Stroll Down Memory Lane 3:00 Nachos Social 3:30 Bingo 5:30 Luau/Entertainment	⁹ BEAUTY SHOP 9:15 Room Visits 10:30 Let's Get Movin' 12:00 Lunch 1:30 Scenic Ride With Rob 3:00 Muffin Social 3:30 Bingo 5:00 Dinner	¹⁰ 9:30 Gussy Up 10:00 Exercise Class 10:30 Manicures & Movie 12:00 Lunch 2:00 Craft Corner 3:00 Reminiscing & Cookies 3:30 Bingo 5:00 Dinner
¹⁴ 9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner	¹⁵ BEAUTY SHOP 9:15 Room Visits 9:30 Price is Right 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 1:30 Shopping DAY 3:00 Snacks/Banana Splits 3:30 Bingo 5:00 Dinner	¹⁶ HAPPY BIRTHDAY DANICA A. & VERN BEAUTY SHOP 9:15 Room Visits 10:30 Let's Get Movin' 12:00 Lunch 1:30 Scenic Ride With Rob 2:30 Pet Therapy 3:00 Cookie Social 3:30 Bingo 5:00 Dinner	¹⁷ 9:15 Room Visits 10:00 Let's Get Movin' 10:30 Manicures and Movies 12:00 Lunch 2:00 Craft Corner 3:00 Autumn Social 3:30 Bingo 5:00 Dinner
²¹ 9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Games 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner	²² Beauty Shop 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Music With Jerry Jensen 3:00 Snacks/Chips and Social 3:30 Bingo 5:00 Dinner	²³ AUTUMN BEGINS BEAUTY SHOP 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Puzzles 12:00 Lunch 1:30 Scenic Ride With Rob 2:30 Music With Linda 3:00 Cookie Social 3:30 Bingo 5:00 Dinner	²⁴ HAPPY BIRTHDAY FLEMING 9:15 Room Visits 10:00 Let's Get Movin' 10:30 Manicures and Movies 12:00 Lunch 2:00 Craft Corner 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner
²⁸ 9:15 Room Visits 9:30 Price Is Right 10:00 Relief Society 11:00 Exercise Class 12:00 Lunch 2:00 Music With Heart & Soul 3:00 Spend Your Bingo Bucks and Have a Snack 3:30 Bingo 5:00 Dinner	²⁹ Happy Birthday Juanita 9:15 Room Visits 10:30 Let's Get Movin' 11:00 Trivia 12:00 Lunch 2:00 Games 3:00 Snacks/Donuts 3:30 Bingo 5:00 Dinner	³⁰ BEAUTY SHOP 9:30 Room Visits 10:30 Let's Get Movin' 11:00 Dice or Card Games 12:00 Lunch/ BIRTHDAY CAKE 2:00 Wii Bowling 3:00 Stroll Down Memory Lane 3:30 Bingo 5:00 Dinner	"IF YOU FIND IT IN YOUR HEART TO CARE FOR SOMEBODY ELSE, YOU WILL HAVE SUCCEEDED." Maya Angelou

September 2011

IN TRIBUTE

On the 10th anniversary of 9/11, we remember the heroes and victims of that day.

**HONOR
PATRIOT
DAY
SEPT. 11**

Carah Young Yuen



Employee of the Month

Carah has been chosen for our Employee of the Month for September. She was born Aug. 3 in American Samoa. She is a graduate of Taylorsville High School and enjoys dancing, reading and writing. Carah is very proud that she can speak two languages! Carah loves driving around town with her new shiny driver's license. :) She enjoys going to the park and one of her favorite places is Seattle. She enjoys spending time with her family playing games and helping each other. She is the oldest out of six children. Going to the movies, listening to music, playing volleyball and shopping are a couple of the things you will find Carah doing when she's not at work. Her goal is to travel the world and study other cultures. She loves learning new things and meeting new people. Carah is a hard worker here at Alta Ridge and brings a lot of joy and smiles to our residents. Thank you, Carah, for all your hard work!!!