



# ALTA RIDGE

## COMMUNITIES

1009 East Murray-Holladay Rd • Salt Lake City, UT 84117 • (801) 268-6342

### April 2011



#### April Fools' Day

Watch out for practical jokes April 1.

#### Where Did All This Foolishness Start?

The most commonly accepted origin of April Fools' Day comes from 16th century France, where Charles IX decreed that the new year began on Jan. 1 instead of on the spring equinox. Those who either did not get the message or ignored the change were branded fools and made the victims of pranks and tricks.

\*\*\*\*\*

#### Don't Forget About Uncle Sam

Remember to circle April 18 on your calendar; all taxes, requests for extensions and IRS payments are due. This year, avoid possible postal errors by selecting direct deposit for any refunds and paying taxes due with direct debit or a credit card. Give yourself a break and don't wait until the last minute!

#### Origins of the Easter Bunny

The Easter Bunny, while seemingly unrelated to the Christian origin of Easter, actually can be linked to the holiday quite easily. According to *Snopes.com*, the hare itself was revered in pre-Christian times as a holy creature associated with fertility and spring. "Important divinations about the character of the coming year were made from studying its movements," writes Barbara Mikkelsen.

The more "modern" figure of the Easter Bunny is found in 16th century German literature as a deliverer of eggs—a sort of springtime Santa Claus who rewarded well-behaved children with colored eggs.

Eggs have other, additional links to Easter. For eons, they have been an obvious symbol of resurrection, continuing life and fertility. Early humans viewed the egg as a natural wonder and proof of the renewal of life. Early Christians adopted the egg as a symbol of Christ's resurrection from the tomb (an enclosure from which new life emerges).

The modern incorporation of Easter eggs partly stems from the fact that, for centuries, eggs were a forbidden food during Lent. Thus, people considered eating them to be a special treat at Easter. Today's colorful Easter eggs have a more serious origin. People dyed hardboiled eggs red in memory of Christ's blood. Children then received them as talismans to preserve their health over the next 12 months.



**Welcome**  
New Residents

JEAN CLUFF  
NADINE JACKSON  
\*\*\*\*\*

**Happy Birthday**

INDRA L. 04-10  
YVONNE L. 04-19  
NORMA C. 04-25

**Word for April:  
Showers**

This month's weather forecasts tend to include a lot of "showers." Defined by *www.M-W.com* as "a fall of rain of short duration," these springtime storms leave many of us singing, "Rain, rain, go away." However, because Mother Nature bombards us with downpours in April, she'll be "showering" us with May flowers in no time.



**I Cannot Tell a Lie**

April 30 is National Honesty Day.


**Positive Thought**

"Perpetual optimism is a force multiplier." — Colin Powell

Sunday	Monday	Tuesday
<p><b>WE WILL MISS:</b></p> <p><b>HAROLD "CORKY" WOLLEN</b> <b>HELEN JOY MARTIN</b> <b>LES GILBERT</b> <b>VIVIAN FISHER</b></p>	<p><b>"STUMP THE COOK"</b> KRISTIN WILL DRAW A RESIDENT'S NAME. THE RESIDENT WILL THEN INFORM THE COOK OF A FAVORITE DISH. THE COOK MUST THEN TRY TO RECREATE IT WITHOUT A RECIPE!</p>	
<p>CONFERENCE SUNDAY 3</p> <p><b>GENERAL CONFERENCE WILL BE AIRED FROM 10-12:00 AND 2-4 PM ON CHANNEL 5</b> 12:00 WORD SEARCH PUZZLE <b>2:30 PET THERAPY WITH MIRA &amp; GROMIT</b> 3:15 SUNDAY PUZZLE HANDOUTS</p>	<p>4</p> <p>9:00 PRICE IS RIGHT! 10:00 MOVIE &amp; MANICURES 12:00 JUMBLES <b>2:00 SCENIC DRIVE WITH ROB &amp; KRISTIN!</b></p>	<p>5</p> <p>9:00 PRICE IS RIGHT! <b>10:15 BINGO WITH INDRA!</b> 11:15 REFRESHMENTS 2:30 COOKIE SOCIAL <b>3:00 SIT &amp; DANCE WITH BECKY!</b></p>
<p><b>HAPPY B-DAY INDRA! 10</b></p> <p>10:00 CHURCH SERVICE 11:00 BEVERAGE PASS 12:00 WORD SEARCH PUZZLE <b>2:15 ARTS &amp; CRAFTS!</b> 3:15 SUNDAY PUZZLE HANDOUTS</p>	<p>11</p> <p>9:00 PRICE IS RIGHT! 10:00 MOVIE &amp; MANICURES 12:00 JUMBLES <b>2:00 SCENIC DRIVE WITH ROB &amp; KRISTIN!</b></p>	<p>12</p> <p>9:00 PRICE IS RIGHT! <b>10:15 BINGO WITH INDRA!</b> 11:15 REFRESHMENTS 2:30 COOKIE SOCIAL <b>3:00 SIT &amp; DANCE WITH BECKY!</b></p>
<p>17</p> <p>10:00 CHURCH SERVICE 11:00 BEVERAGE PASS 12:00 WORD SEARCH PUZZLE <b>2:15 ARTS &amp; CRAFTS!</b> 3:15 SUNDAY PUZZLE HANDOUTS</p>	<p>18</p> <p>9:00 PRICE IS RIGHT! 10:00 MOVIE &amp; MANICURES 12:00 JUMBLES <b>2:00 SCENIC DRIVE WITH ROB &amp; KRISTIN!</b></p>	<p><b>HAPPY B-DAY YVONNE! 19</b></p> <p>9:00 PRICE IS RIGHT! <b>10:15 BINGO WITH INDRA!</b> 11:15 REFRESHMENTS 2:30 COOKIE SOCIAL <b>3:00 SIT &amp; DANCE WITH BECKY!</b></p>
<p><b>HAPPY EASTER 24</b></p> <p>10:00 CHURCH SERVICE 11:00 BEVERAGE PASS 12:00 WORD SEARCH PUZZLE <b>2:30 COLOR EASTER EGGS</b> 3:15 SUNDAY PUZZLE HANDOUTS</p>	<p><b>HAPPY BIRTHDAY NORMA! 25</b></p> <p>9:00 PRICE IS RIGHT! 10:00 MOVIE &amp; MANICURES 12:00 JUMBLES 2:00 SCENIC DRIVE WITH ROB &amp; KRISTIN!</p>	<p>26</p> <p>9:00 PRICE IS RIGHT! <b>10:15 EXERCISES WITH INDRA!</b> 11:15 REFRESHMENTS <b>2:15 BINGO WITH INDRA!</b></p>

Wednesday	Thursday	Friday	Saturday
<p>BE SURE TO LOOK FOR WEEKLY BOWLING HIGH SCORES. THEY ARE POSTED IN THE DINING ROOM.</p>	<p><b>FOR EACH RESIDENT BIRTHDAY, WE HAVE A SPECIAL RECOGNITION WITH A DESSERT, CARD AND BALLOON IMMEDIATELY FOLLOWING LUNCH. JOIN YOUR LOVED ONE ON THEIR SPECIAL DAY!</b></p>	<p>1</p> <p>9:00 PRICE IS RIGHT  <b>10:00 SCENIC DRIVE WITH ROB &amp; KRISTIN!</b>            12:00 TABLE TOP TRIVIA  <b>2:15 BLACKOUT BINGO!</b></p> <p><u>MILK SHAKES W/TABITHA</u></p>	<p>2</p> <p>10:00 MOVIE &amp; MANICURES            12:00 WORD SEARCH PUZZLE  <b>2:15 MOVIE &amp; POPCORN</b>            3:15 REFRESHMENT</p>
<p>6</p> <p>9:00 PRICE IS RIGHT  <b>10:15 MONOPOLY!</b>            11:15 REFRESHMENT  <b>2:15 BOWLING WITH CHARLIE &amp; INDRA!</b></p>	<p>7</p> <p>9:00 PRICE IS RIGHT  <b>10:30 MUSIC WITH GREG!</b>            12:00 THIS WAS THE YEAR            1:30 ROOM VISITS            2:15 KITCHEN CREATIONS: SANDWICHES</p>	<p>8</p> <p>9:00 PRICE IS RIGHT  <b>10:00 SCENIC DRIVE WITH ROB &amp; KRISTIN</b>            12:00 TABLE TOP TRIVIA  <b>2:30 MUSIC WITH JERRY!</b></p> <p><u>MILK SHAKES W/TABITHA</u></p>	<p>9</p> <p>10:00 MOVIE &amp; MANICURES            12:00 WORD SEARCH PUZZLE  <b>2:15 MOVIE &amp; POPCORN</b>            3:15 REFRESHMENT</p>
<p>13</p> <p>9:00 PRICE IS RIGHT  <b>10:15 MONOPOLY!</b>            11:15 REFRESHMENT  <b>2:15 BOWLING WITH CHARLIE &amp; INDRA!</b></p>	<p>14</p> <p><b>"STUMP THE COOK DAY!"</b></p> <p>9:00 PRICE IS RIGHT  <b>10:30 RELIEF SOCIETY</b>            12:00 THIS WAS THE YEAR            1:30 ROOM VISITS  <b>2:15 DECORATE COOKIES!</b></p>	<p>15</p> <p>9:00 PRICE IS RIGHT  <b>10:00 SCENIC DRIVE WITH ROB &amp; KRISTIN</b>            12:00 TABLE TOP TRIVIA  <b>2:30 MUSIC WITH TONIA!</b></p> <p><u>MILK SHAKES W/TABITHA</u></p>	<p>16</p> <p>10:00 MOVIE &amp; MANICURES            12:00 WORD SEARCH PUZZLE  <b>2:15 MOVIE &amp; POPCORN</b>            3:15 REFRESHMENT</p>
<p>20</p> <p>9:00 PRICE IS RIGHT  <b>10:15 MONOPOLY!</b>            11:15 REFRESHMENT  <b>2:15 BOWLING WITH CHARLIE &amp; INDRA!</b></p>	<p>21</p> <p>9:00 PRICE IS RIGHT  <b>10:15 BLACKOUT BINGO!</b>            12:00 THIS WAS THE YEAR            1:30 ROOM VISITS            2:15 KITCHEN CREATIONS: QUESADILLAS</p>	<p>22</p> <p>9:00 PRICE IS RIGHT  <b>10:00 SCENIC DRIVE WITH ROB &amp; KRISTIN</b>            12:00 TABLE TOP TRIVIA  <b>2:30 MUSIC WITH SUE!</b></p> <p><u>MILK SHAKES W/TABITHA</u></p>	<p>23</p> <p>10:00 MOVIE &amp; MANICURES            12:00 WORD SEARCH PUZZLE  <b>2:15 MOVIE &amp; POPCORN</b>            3:15 REFRESHMENT</p>
<p>27</p> <p>9:00 PRICE IS RIGHT  <b>10:15 MONOPOLY!</b>            11:15 REFRESHMENT  <b>2:15 BOWLING WITH CHARLIE &amp; INDRA!</b></p>	<p>28</p> <p>9:00 PRICE IS RIGHT  <b>10:00 BLACKOUT BINGO!</b>            11:30 THIS WAS THE YEAR  <b>1:30 FAMILY HOME MEETING</b>            2:15 KITCHEN CREATIONS: FRUIT SALAD</p>	<p>29</p> <p>9:00 PRICE IS RIGHT  <b>10:00 SCENIC DRIVE WITH ROB &amp; KRISTIN</b>            12:00 TABLE TOP TRIVIA  <b>2:30 MUSIC WITH JOHN!</b></p> <p><u>MILK SHAKES W/TABITHA</u></p>	<p>30</p> <p>10:00 MOVIE &amp; MANICURES            12:00 WORD SEARCH PUZZLE  <b>2:15 MOVIE &amp; POPCORN</b>            3:15 REFRESHMENT</p>

April 2011

B  a little  
k  kinder to your  
**EARTH**   
today.  
earth.day 04.22

## "This Month In History" April

**1719:** Daniel Defoe publishes the classic "Robinson Crusoe."

**1800:** Congress establishes the Library of Congress.

**1828:** Noah Webster publishes the "American Dictionary of the English Language."

**1841:** President William Henry Harrison dies in office of pneumonia after serving only one month, the

shortest term ever served by an elected president.

**1860:** The Pony Express begins in St. Joseph, Mo.

**1912:** The luxury ship Titanic hits an iceberg and sinks, taking with it more than 1,500 passengers' lives.

**1924:** Rand McNally publishes its first comprehensive road atlas.

**1938:** Roy J. Plunkett discovers Teflon.

**1953:** TV Guide debuts with Lucille Ball and her newborn son on the cover.

**1955:** Ray Kroc opens the first franchised McDonald's in Des Plaines, Ill.

**1961:** Soviet Yuri Gagarin is the first man to fly in space.

**1970:** President Richard Nixon signs the Public Health Cigarette Smoking Act into law, banning cigarette commercials and requiring Surgeon General warnings on tobacco products.

**1975:** Bill Gates and Paul Allen form Microsoft in Albuquerque, N.M.

**1999:** Astronomers discover a new solar system, the first outside our own.