



ALTA RIDGE

COMMUNITIES

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Sending a Message

Millions of tokens and expressions of love will be exchanged on Feb. 14. Consider:

- 110 million roses, the majority red, will be sold within a three-day time period.
- 1 billion Valentine's Day cards are exchanged each year.
- About 50 percent of cards are sold the week of the holiday, the largest and most elaborate cards sold in the final 48 hours.
- Teachers will receive the most Valentine's Day cards, followed by children, mothers, wives, and then, sweethearts. Children ages 6 to 10 exchange about 650 million valentines.
- In 1866, candy manufacturer NECCO made the first "Conversation Hearts." According to NECCO, 8 billion of these little candies are sold between Jan. 1 and Feb. 14.

You Love You

Feb. 13 is Madly in Love With Me Day.

February 2012



Word for February: Shadow

Each Feb. 2, famous groundhog Punxsutawney Phil emerges from his hole, and the nation waits to learn whether he saw his shadow. February is also a good time for us to examine our own shadows. One definition of shadow, from Merriam-Webster, is "partial darkness or obscurity." What talents or skills do you humbly hide from others? This February, as winter begins to wane, polish up some dazzling facets of your personality and pull them out of the shadows. Let the whole world see you shine!

Monthly Celebrations

Everyone is focused on love in February, making this the perfect time to:

- Fancy yourself during International Boost Self-Esteem Month.
- Show a little love to your heart during National Mend a Broken Heart Month.
- Fall for a page-turner during Library Lovers' Month.
- Get wrapped up in your career during International Expect Success Month.

A Tootsie Take-Off

Leo Hirshfield introduced a chocolate candy on Feb. 23, 1896, and called it the Tootsie Roll. It was named after his 5-year-old daughter Clara, whose nickname was Tootsie.





- Marilyn G. 02-03
- Cheri U. 02-19
- Charlie H. 02-26
- Julie B. 02-26

Positive Thought

"If you're not making mistakes, then you're not doing anything. I'm positive that a doer makes mistakes." —John Wooden

**Laugh Lines:
Chilly Chucklers**

Q. What do you call a reindeer with no eyes?

A. I have no eye deer.

Q. Where do snowmen go to dance?

A. Snowballs.

Q. What happened when the snowgirl fell out of love with the snowboy?

A. She gave him the cold shoulder.

Q. Do you take your bike out year-round?

A. No, in the winter I ride my icicle.

Q. What do snowmen wear on their heads?

A. Ice caps.

**Motivational Tip:
No 'Bad' Days**

We all have days when things don't go our way. Don't label an entire day "bad" because of a mishap or two (or three). Take a deep breath, smile, and remember the good things that happened, too.

Sunday	Monday	Tuesday
		BEAUTICIAN TODAY 10:15 TABLE GAME WITH INDRA 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 BLACKOUT BINGO!
5	6	7
10:30 CHURCH SERVICES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:00 PUZZLES 3:00 COOKIES & PUNCH	10:15 GOLFING 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:00 SCENIC DRIVE WITH KRISTIN & ROB!	10:15 TABLE GAME WITH INDRA 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 BLACKOUT BINGO!
12	13	14
10:30 CHURCH SERVICES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 GOLFING 3:00 COOKIES & PUNCH	9:30 MANICURES 10:00 COOKIE DECORATING 11:00 REFRESHMENT 12:00 TRIVIA AND WORD JUMBLES 2:00 SCENIC DRIVE WITH KRISTIN & ROB!	HAPPY VALENTINE'S DAY! 10:15 TABLE GAME WITH INDRA 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:30 ICE CREAM SOCIAL
19	20	21
10:30 CHURCH SERVICES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:00 PUZZLES 3:00 COOKIES & PUNCH	PRESIDENTS' DAY 9:30 MANICURES 10:15 GOLFING 11:00 REFRESHMENT 12:00 TRIVIA AND WORD JUMBLES 2:00 SCENIC DRIVE WITH KRISTIN & ROB!	BEAUTICIAN TODAY 10:15 TABLE GAME WITH INDRA 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 BLACKOUT BINGO!
26	27	28
10:30 CHURCH SERVICES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:30 PET THERAPY 3:00 COOKIES & PUNCH	9:30 MANICURES 10:15 GOLFING 11:00 REFRESHMENT 12:00 TRIVIA AND WORD JUMBLES 2:00 SCENIC DRIVE WITH KRISTIN & ROB!	10:15 TABLE GAME WITH INDRA 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 BLACKOUT BINGO!

Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 TABLE GAME 11:00 REFRESHMENT 2:00 BOWLING WITH INDRA & CHARLIE 3:15 REFRESHMENT</p>	<p>2</p> <p>10:30 MUSIC WITH GREG 12:00 TABLE TOP TRIVIA 2:00 BINGO CARDS 3:00 REFRESHMENTS</p>	<p>3</p> <p>10:00 VAN RIDE WITH KRISTIN & ROB! 12:00 TABLE TOP TRIVIA 2:00 BLACKOUT BINGO 3:00 REFRESHMENT</p>	<p>4</p> <p>BEAUTICIAN TODAY</p> <p>9:30 MANICURES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 AFTERNOON MATINEE WITH POPCORN & COKE!</p>
<p>8</p> <p>10:00 TABLE GAME 11:00 REFRESHMENT 2:00 BOWLING WITH INDRA & CHARLIE 3:15 REFRESHMENT</p>	<p>9</p> <p>10:30 RELIEF SOCIETY 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:00 PUZZLES</p>	<p>10</p> <p>10:00 VAN RIDE WITH KRISTIN & ROB! 12:00 TABLE TOP TRIVIA 2:00 BLACKOUT BINGO 3:00 REFRESHMENT</p>	<p>11</p> <p>BEAUTICIAN TODAY</p> <p>9:30 MANICURES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:30 MUSIC WITH JERRY MARSH</p>
<p>15</p> <p>10:15 CORT WARNER (ACOUSTIC GUITAR) 2:00 BOWLING WITH INDRA & CHARLIE 3:15 REFRESHMENT</p>	<p>16</p> <p>10:00 TABLE GAME WITH KRISTIN 12:00 TABLE TOP TRIVIA 2:00 ACTIVITY SOCIAL 3:00 REFRESHMENT</p>	<p>17</p> <p>10:00 VAN RIDE WITH KRISTIN & ROB! 12:00 TABLE TOP TRIVIA 2:00 BLACKOUT BINGO 3:00 REFRESHMENT</p>	<p>18</p> <p>BEAUTICIAN TODAY</p> <p>9:30 MANICURES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:30 MUSIC WITH DON "DOMINO" BEHRMAN</p>
<p>22</p> <p>10:00 TABLE GAME 11:00 REFRESHMENT 2:00 BOWLING WITH INDRA & CHARLIE 3:15 REFRESHMENT</p>	<p>PODIATRIST TODAY</p> <p>9:00 PRICE IS RIGHT 10:00 MUSIC & MANICURES 12:00 TABLE TOP TRIVIA 1:30 FAMILY HOME MEETING 3:00 REFRESHMENT</p>	<p>24</p> <p>10:00 VAN RIDE WITH KRISTIN & ROB! 12:00 TABLE TOP TRIVIA 2:30 MUSIC WITH TONIA SAYER</p>	<p>25</p> <p>BEAUTICIAN TODAY</p> <p>9:30 MANICURES 11:00 REFRESHMENT 12:00 TABLE TOP TRIVIA 2:15 AFTERNOON MATINEE WITH POPCORN & COKE!</p>
<p>29</p> <p>10:00 TABLE GAME 11:00 REFRESHMENT 2:00 BOWLING WITH INDRA & CHARLIE 3:15 REFRESHMENT</p>	<p>{February}</p> <p>LibraryLovers' <i>month</i></p>		

February 2012

Be My Valentine Word Search February

Arrow	Heart
Candy	Hug
Card	Kiss
Cupid	Love
February	Red
Flowers	Roses
Friends	Sweet
Groundhog	Valentine

G	V	A	L	E	N	T	I	N	E	F	D	R	A	C
O	F	R	U	O	X	C	O	S	R	E	W	O	L	F
H	E	P	J	V	V	V	R	Q	P	B	A	S	A	R
D	E	W	R	D	N	E	R	I	C	R	J	E	F	I
N	K	A	N	S	B	B	I	X	R	U	C	S	J	E
U	X	D	R	I	N	F	U	O	S	A	P	X	O	N
O	R	L	S	T	A	K	W	V	N	R	B	I	K	D
R	X	I	L	I	E	T	O	D	E	Y	G	M	D	S
G	U	H	H	T	L	E	Y	S	A	F	H	C	T	O
S	F	C	P	D	I	U	W	S	Z	K	D	E	M	R
G	F	O	B	X	Y	I	V	S	I	U	T	K	K	P
U	K	Y	Z	S	B	D	R	K	S	T	J	C	K	K
W	W	Z	K	U	B	L	I	D	U	I	G	O	B	X
C	E	Z	X	P	X	F	H	K	B	U	K	C	A	A

*Happy
Valentine's
Day*



*We hope your holiday
is filled with sweet sentiments
and tasty treats!*